

Ā M A N
S P A

AMANYARA

Simplicity, Tranquillity and Time

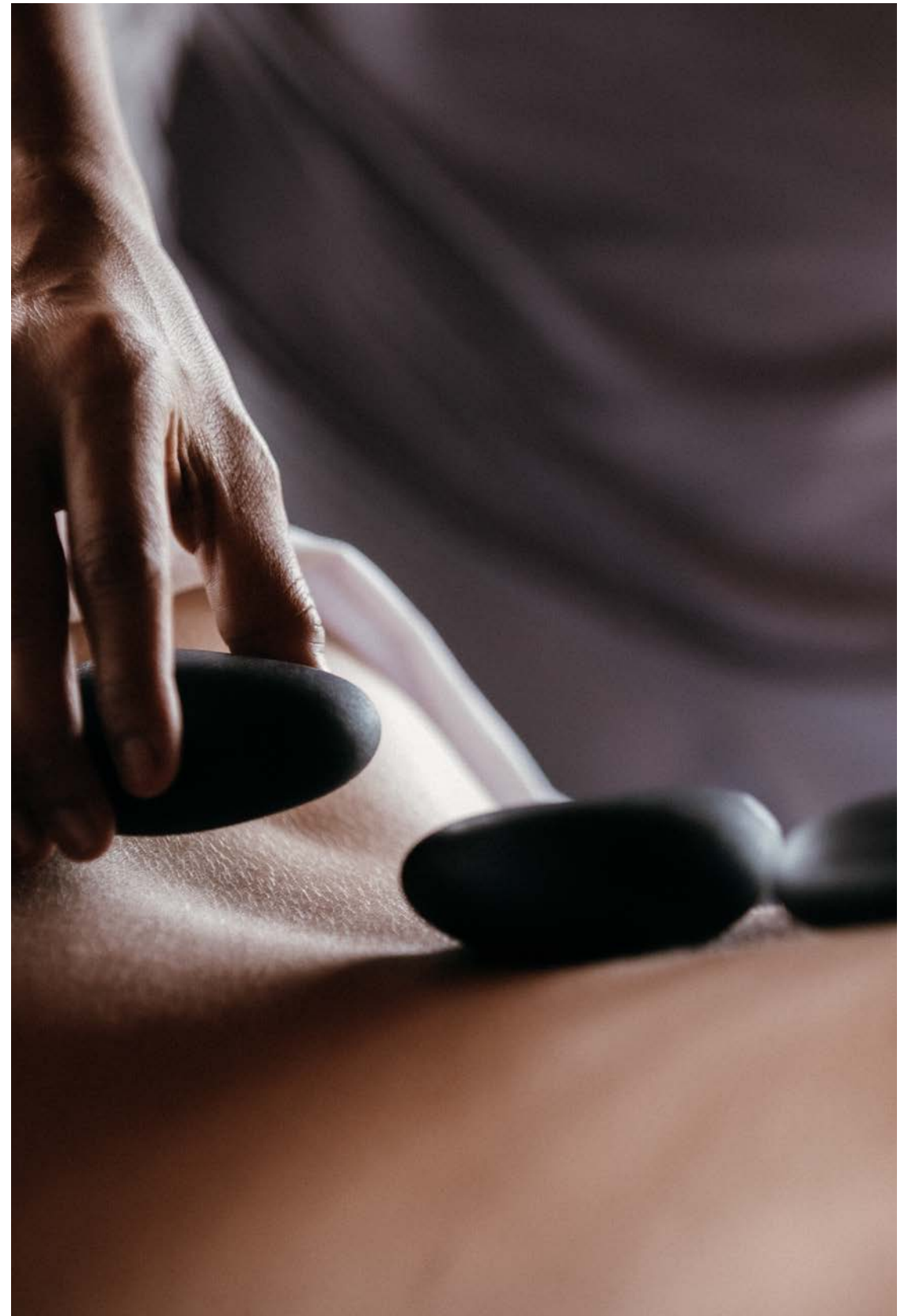
Elements so often missing
in our busy modern lives

Our Philosophy

Wellness is more than being free from illness; it is a dynamic process of change and growth – a state of complete physical, mental and social wellbeing. The Aman Spa concept has been carefully curated with four pillars of wellness in mind: nutrition, movement, psychological health and bodywork.

The singular goal is to achieve the ideal balance – integrated holistic wellness – for every guest.

Treating the whole – the mind, body and spirit – by integrating ancient healing modalities with the best of modern science, Aman strives to provide guidance, support and knowledge in a journey that extends beyond the boundaries of our international Aman Spas. Our aim is for guests to leave empowered and renewed, with the tools and resilience to continue their wellness journey into their everyday lives.





Amanyara Spa

Amanyara's luxury spa in the Turks and Caicos Islands overlooks a large reflection pond surrounded by lush vegetation and features four double treatment pavilions, a spa boutique, a wellness studio, a yoga sala, an aqua therapeutic pool lined with sun loungers, and relaxation areas.

Amanyara's wellness facilities feature a Fitness Centre with state-of-the-art Technogym equipment, clubhouse with tennis courts, tennis boutique, Erika Bloom Pilates studio, boxing studio, world-class soccer pitch, multi-purpose basketball and volleyball field, lacrosse, table football (foosball), billiards, shuffleboard, and juice and smoothie bar.

Choose your wellness and spa journey from our à la carte menu or let our specialists design a journey customised specifically for your needs.



Earth's Apothecary

Aman's new line of all-natural skincare products draws on the knowledge and wisdom of ancient wellness traditions while harnessing the power of nature. Rare and precious ingredients used include pearls, homeopathic metals, healing tree oils, amethyst, jade, frankincense and palo santo, as well as alkalising, oxygen-rich spring water and wild-harvested Amazon butters. The range consists of smoked body balms, fragrant dew mists, liquid body oils, invigorating body scrubs, anti-ageing serums and more. All the products are made from organic ingredients sourced from around the world for their purity and potency, and their links to Aman destinations. Working holistically to

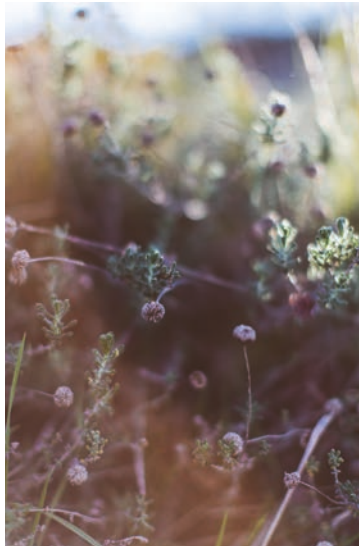
nurture and enhance overall wellbeing, each product penetrates deep into the skin to nourish and rejuvenate, but also works on a deeper level, meeting emotional as well as physical needs. Grouped into three unique formulations that reflect three healing pathways back to wellness - Grounding, Purifying and Nourishing - these products contain ingredients with a vibrational energy that works in sequence with the human body to promote change and a return to equilibrium. The physical benefits of the products are completely aligned with their ability to address emotional imbalance. Together, they offer holistic fine-tuning with tangible, long-lasting results.



Aman Signature Treatments

The Aman Spa Signature Menu, available at every Aman Spa destination around the world, reflects the Grounding, Purifying and Nourishing formulations of the Aman Spa product range. There are four treatments available within each formulation: Massage, Body Scrub and Wrap, Face Ritual, and the Journey – encompassing all three treatments to greatly amplify their effects. Each treatment is tailored to the individual to target specific concerns and help attain personal wellness goals. A deeply relaxing, mineral-rich Foot Ritual is a prelude to each treatment. This is also symbolic – an act of humble service that fosters trust, helping guests to fully benefit from the treatments that follow.





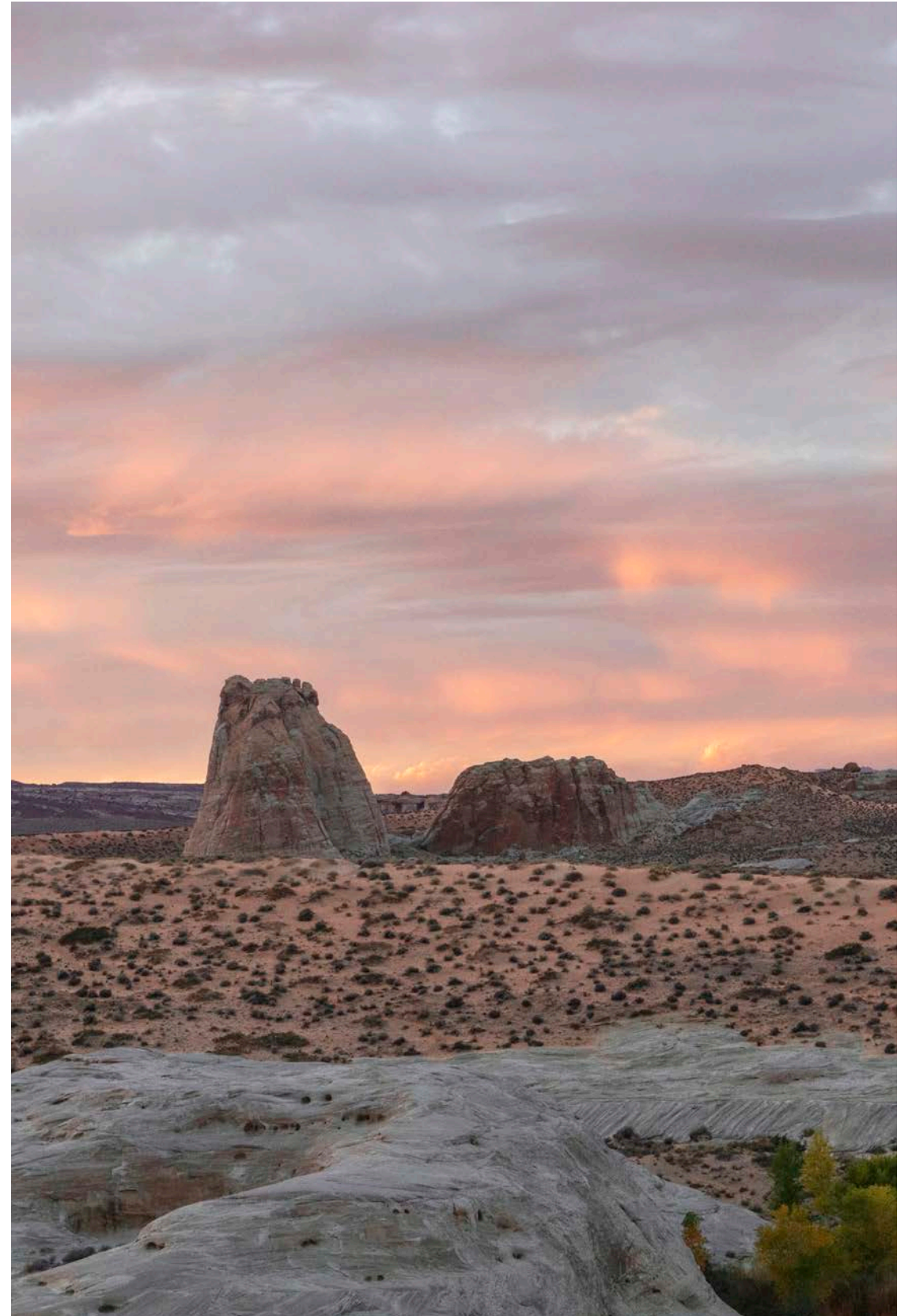
The Three Formulations

Grounding

For those seeking reconnection, stillness and perspective.

Developed to promote inner peace and return body and mind to a state of harmony, this formulation works as a balm for restlessness brought on by the frenetic pace of modern life. It imbues a sense of reassurance and reconnection, while hydrating, healing, refining and strengthening on a physical level. The use of amber oil relaxes brainwaves, helping to ease anxiety and stress. Sandalwood calms the nervous system, its earthy aroma inducing a meditative frame of mind. Other key ingredients include rose quartz crystals, jasmine, rare black Peruvian and purple muds, wild harvested butters, and silver.

Techniques include a Tibetan Ku Nye massage, meridian and acupressure work, cupping, and kneading. Recommended for treating stress, anxiety, jet lag, dry skin, insomnia and tension in the lower back, as well as feelings of restlessness and the inability to switch off.



Grounding Massage Ritual

90 minutes

A Ku Nye full-body massage honours ancient Tibetan healing traditions to stimulate muscles, while a subtler massage energises the meridian system. This treatment incorporates massage along meridian lines, acupressure, kneading and deep-tissue techniques. The body massage is followed by a Tibetan head massage that induces an even deeper level of relaxation.

Benefits

- Moisturises dry skin and eases muscular tension
- Reduces chronic pain and improves athletic performance
- Balances the vital energy

Grounding Face Ritual

90 minutes

This facial incorporates rose quartz crystals to promote healing; frankincense to aid rejuvenation; and hyaluronic acid to boost hydration. Lymphatic and muscular massage techniques stimulate circulation and raise vibrational energy, while acupressure using heated salt poultices leaves skin radiant. The treatment ends with a Peruvian black mud and amethyst crystal mask, and Tibetan head massage.

Benefits

- Brightens, firms and intensely hydrates
- Promotes cell renewal and improves uneven skin tone
- Encourages emotional stability and peace of mind

Grounding Scrub & Wrap Ritual

90 minutes

A key ingredient in this ritual is amethyst powder, known for its gentle sedative energy that promotes peacefulness and emotional stability. The full-body scrub gently exfoliates the skin, brightening tone and improving texture, while the cocooning wrap initiates a period of stillness, leaving skin radiant. The final touch is the application of silky smooth Smoked Body Butter.

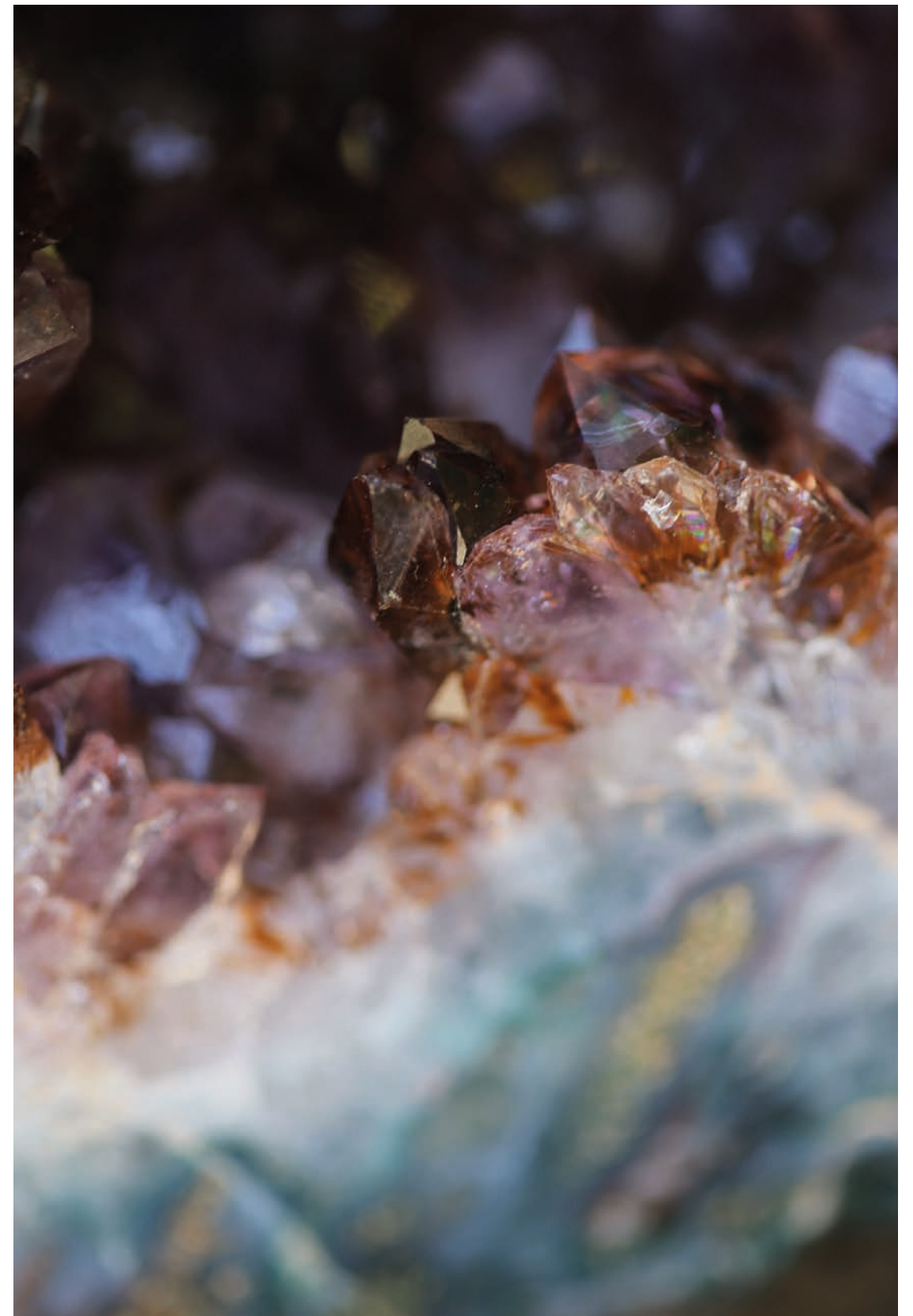
Benefits

- Restores the nervous system, stimulates circulation and regenerates skin cells
- Boosts the lymphatic system and strengthens the immune system
- Reduces stress levels and promotes mental clarity

Grounding Journey

180 minutes

Incorporating all three Grounding treatments, this journey encourages a deep connection to the earth and a renewed sense of self. It begins with the Body Scrub and Wrap, followed by the Massage, and is completed with the Face Ritual. Each builds on the treatment that came before – grounding in every sense of the word, to ensure a state of perfect contentment.





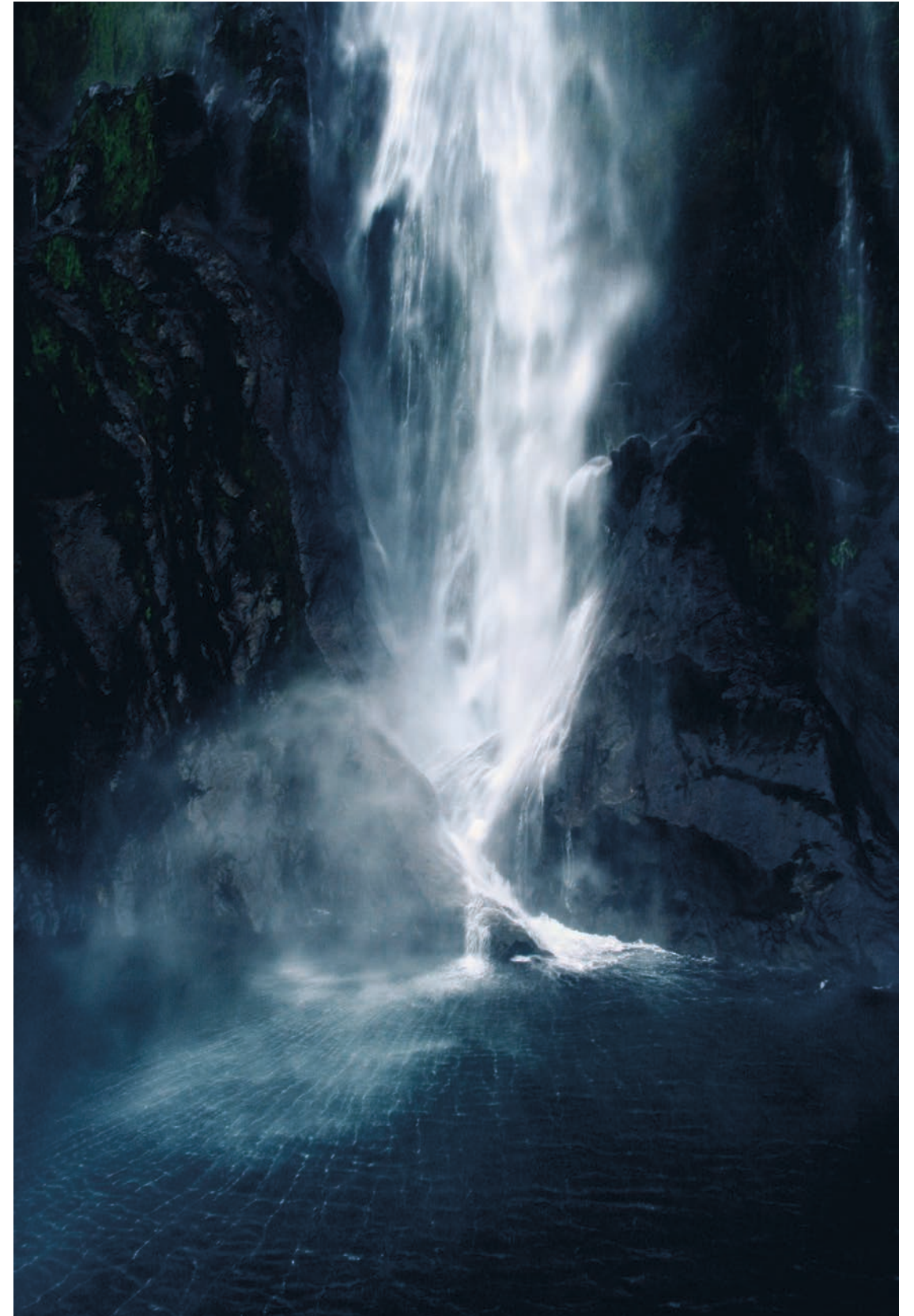
The Three Formulations

Purifying

For those seeking lightness,
breathing space and a fresh start.

A powerful detoxifier and cleanser, this formulation holds the spiritual energy of vitality - stabilising the heart and mind, easing restlessness and energising the body, helping to purge negative thought patterns. Physical benefits include cleansing and brightening, giving skin a new lease of life.

Key ingredients include palo santo, sandalwood, juniper berry, rose geranium, raw honey, pearl, quartz and argan stem cells - chosen for their anti-ageing and purifying characteristics. Techniques include lymphatic drainage, nerve point therapy and nerve stimulation. Recommended for treating bloating, low energy levels, dull skin, thyroid problems and post-illness exhaustion, as well as feelings of sluggishness, heaviness and confusion.



Purifying Massage Ritual

90 minutes

This deeply relaxing, detoxifying massage restores harmony to the body and clears the mind.

The massage concentrates on lymphatic drainage techniques, manipulating lymph nodes and lymphatic vessels to increase their activity and promote the flow of lymph. Compared with traditional massage the pressure applied with manual lymphatic drainage techniques is much lower in intensity, but it is powerful in its effects.

Benefits

- Removes toxins and regenerates tissue
- Aids lymphatic drainage, reducing swelling and cellulite
- Increases immunity and eases muscle spasms

Purifying Face Ritual

90 minutes

By combining nerve point therapy and lymphatic drainage to provide a detoxifying release, this tension-releasing treatment is extremely beneficial for those exposed to excessive urban pollution.

Lymphatic massage stimulates the glands in the chest, neck and face, resulting in glowing, toned skin. Key ingredients include brightening pearl, regenerative homeopathic copper, and powerful marine extracts that strengthen collagen production.

Benefits

- Hydrates, brightens and firms skin
- Drains the lymph and releases tension
- Detoxifies to reduce the effects of pollution

Purifying Scrub & Wrap Ritual

90 minutes

This ritual revives the spirit, tones the skin and induces a state of peace. One of the key ingredients is quartz – known as a master healer for its amplification of energy levels. Seaweed fucus oil, raw honey and essential oils are also applied, stimulating circulation and lymphatic drainage.

The meditative marine flora mud wrap includes deep-cleansing kaolin, and mineral-rich sea lavender and seaweed for boosting collagen levels. The treatment ends with the full-body application of palo santo salve.

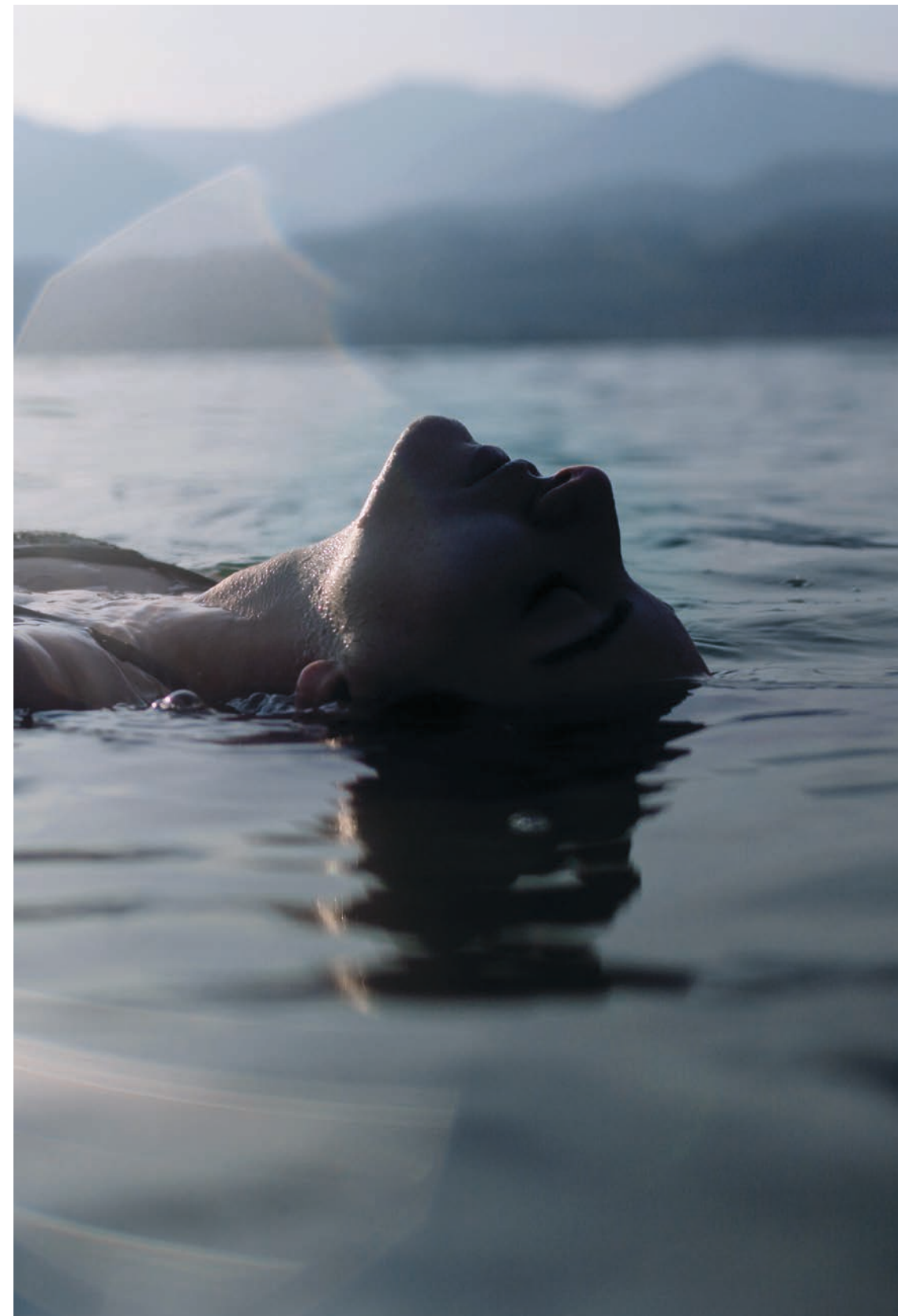
Benefits

- Detoxifies the lymphatic system and boosts immunity
- Reduces swelling and improves skin tone and texture
- Increases energy levels and mental clarity

Purifying Journey

180 minutes

This Journey targets purification on every level, from clearing the skin and detoxifying the body's organs, to removing negative energy and focusing the mind. All three Purifying treatments are applied, beginning with the Body Scrub and Wrap, followed by the Massage, and ending with the Face Ritual – leaving you clear-headed and at peace.



The Three Formulations

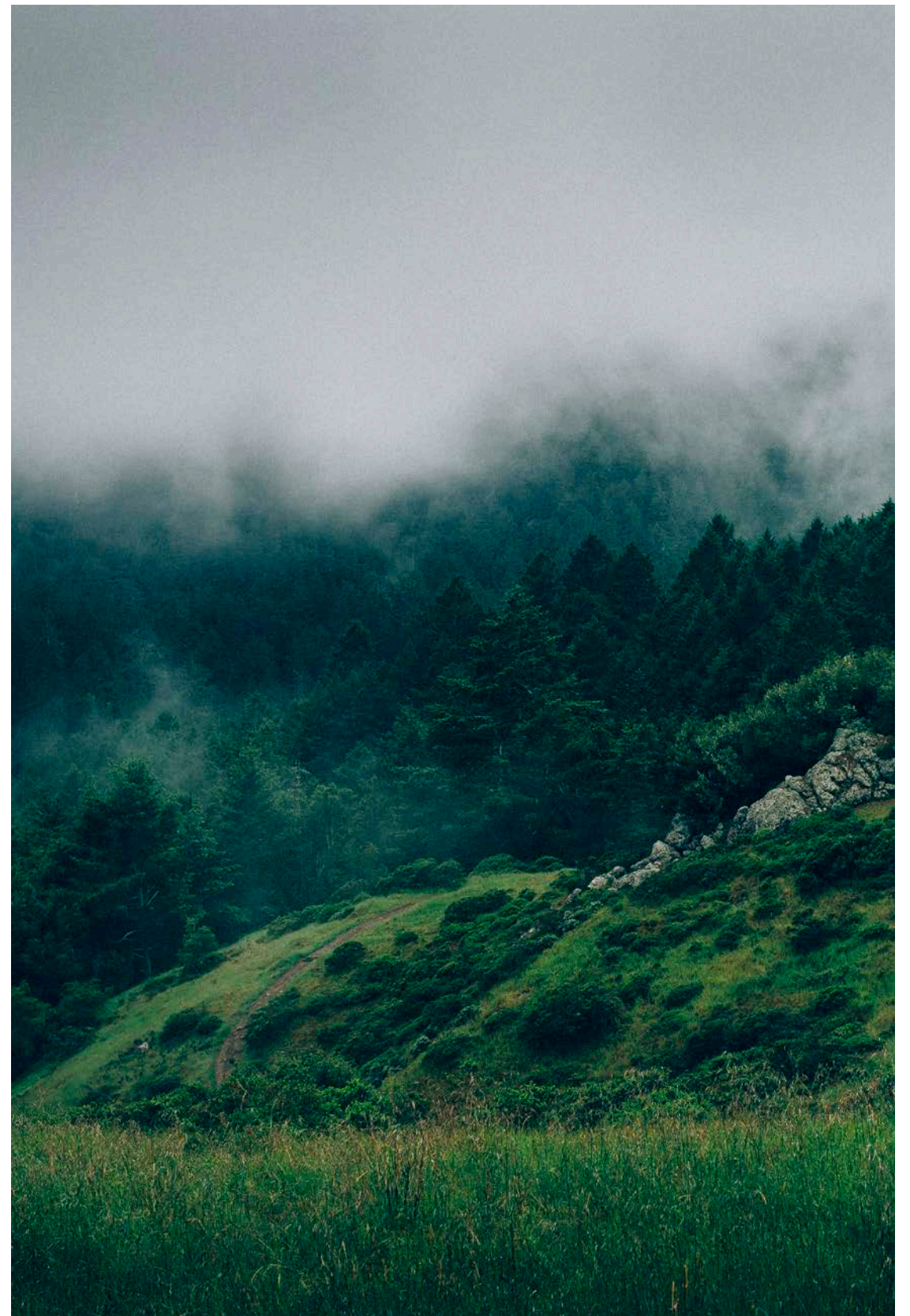
Nourishing

For those seeking regeneration, recuperation and healing.

Holding the spiritual energy of love, this powerful formulation encourages reconnection with the self through the healing of emotional and mental wounds. It leads one towards self-acceptance, enabling individuals to be their most real and best selves, while simultaneously restoring and rejuvenating the body on a physical level.

The key ingredients of jasmine, sandalwood, vitamin B12, fresh royal jelly, jade crystals, silk and gold have all been chosen for their powerful regenerative abilities, fostering a meditative state and feelings of joy.

The techniques used in this formulation are geared towards healing. They include a chakra-balancing massage, mantra music, marma point therapy and the Light Technique - based on the shamanistic principle that luminosity is generated from various points on the head and neck. Recommended for treating lacklustre skin, the signs of ageing, anxiety, chronic fatigue and emotional stress, as well as feelings of disconnection, grief and discontentment.



Nourishing Massage Ritual

90 minutes

This blissful, nurturing treatment is ideal for physically or emotionally exhausted souls. The use of marma point therapy brings the body back to a state of heightened awareness and balance, while rhythmic massage techniques ease muscular tension, imbuing a sense of complete restoration. The use of sound healing stimulates the kundalini – dormant energy stored at the base of the spine.

Benefits

- Relieves exhaustion, stress and chronic fatigue
- Reduces anxiety and deeply relaxes
- Balances the energy body and emotions

Nourishing Face Ritual

90 minutes

This brightening, moisturising treatment calms and rejuvenates through the use of honey, rosehip, wheat germ, cactus oil, jasmine and silk. Combined, they work to soothe and brighten dull or irritated skin. This facial also invites relaxation by stimulating the flow of prana – described as the universal life energy that enters the body via the breath. Skin is left looking truly radiant through the application of the Light Technique, focusing on the forehead, septum and throat.

Benefits

- Hydrates, soothes and feeds the skin
- Treats rosacea and dermatitis
- Improves the look of scarring and pigmentation

Nourishing Scrub & Wrap Ritual

90 minutes

Encouraging the body to enter a phase of deep rest, this nutrient-rich treatment includes jade powder – known to hydrate, tone and rejuvenate – in both the scrub and wrap. The scrub also contains healing calendula oil, restorative amethyst powder, essential oils and Himalayan salts that soften the skin. The mud wrap combines the nourishing effects of jade powder with mineral-rich Italian clay, rose hydrolat and argan oil. The treatment ends with the full-body application of Sacred Heart Balm.

Benefits

- Boosts the lymphatic system and restores the nervous system
- Feeds skin while improving tone and texture

Nourishing Journey

180 minutes

This Journey serves to combine the many forms of nourishment into an immersive experience that benefits every aspect of the individual – beginning with the Body Scrub and Wrap, followed by the Massage, and completed with the Face Ritual. Each treatment builds on the one before, leaving you feeling reconnected and rejuvenated.





Amanyara Spa Journeys

SEA AND ISLAND SECRETS

Experience treatments inspired by the Caribbean sea to purify and delight. Various island massage techniques are used in synergy with Provos organic cold-pressed virgin coconut oil, known for its healing and anti-ageing properties.

Island Zen

Slow down, relax and let our warm Caribbean vibe take your cares away as you melt into this moment. We begin by enveloping you in our sandalwood body wrap, known for its deeply hydrating and nourishing effects on dry and sun-damaged skin. The pampering continues with our Island Zen. This beautiful blend of shiatsu and Swedish massage is the perfect mix to balance your body's energies and to promote deep relaxation and harmony on all levels.

Ocean Ritual

Begin with a dry brushing and replenishing seaweed wrap, rich in vital nutrients, before slipping into a relaxing saltwater bath accompanied by irresistible red fruit and chocolate truffle. Harness the elements of nature to warm the body and help relieve aches and pains in muscles and joints. Your journey concludes with a warm, rhythmic, coconut oil massage.

COUPLES JOURNEY

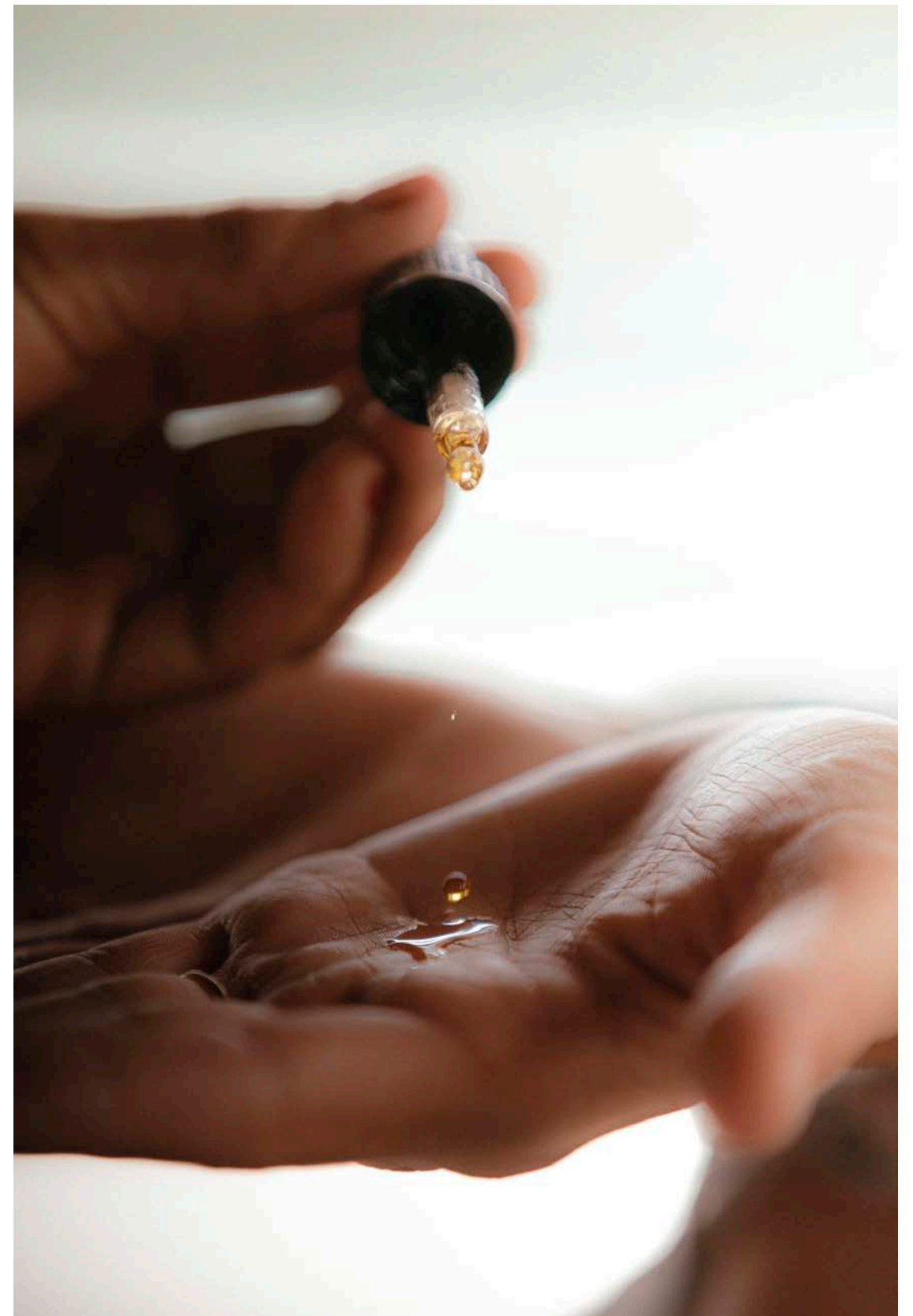
Couples treatments are a wonderful way to reconnect and indulge as you take time to relax and unwind together in our beautiful spa sanctuary.

Island Hideaway

Embark on this romantic journey together, beginning with purifying body scrubs, then sharing a luxurious soak outside under the stars in a warm candlelit bath infused with flower petals and essential oils. After your soak, you are escorted back inside to attain the ultimate state of relaxation by losing yourself in a 90-minute massage of your choice.

Twilight for Two (weather-dependent)

A romantic customised massage by moonlight, using a variety of techniques to meet your specific needs. Enjoying the fantasy-like ocean setting, surrounded by the water's sounds and tropical aromas. Complete with a glass of champagne.



Wellness Services

Wellness Consultation

A primary characteristic of most traditional medicines is to treat any health condition by addressing the body as a whole. During a wellness consultation at Amanyara, our Wellness Manager will conduct a thorough health evaluation by discussing not only primary health concerns, but all elements of your wellness and lifestyle. Visual clues about the body and facial features, as well as postural alignment, palpation (feeling) of the pulse, and directed detailed questions, will all be factored in, in order to give extensive recommendations pertaining to all aspects of wellness, including diet, fitness and lifestyle.

Medical Body Composition Assessment

The mBCA machine is designed to analyse all elements of body composition for an in-depth understanding of the state of health of the physical body. mBCA measures body weight, body mass index, body fat percentage and muscle mass, as well as visceral fat percentage and extra-cellular water retention. These readings will enable the formulation of a well-rounded health routine taking into account the medical, wellness and fitness perspectives.

Postural Assessment

Aman's in-depth postural assessment is based on the recognition that each person's body is unique and their physical regime different. The aim of the assessment is to help make informed decisions about how you choose to move, exercise and take care of your body. This is suitable for anyone embarking on a new fitness regime or experiencing recurring muscle or joint pain. Postural alignment, strength and flexibility are analysed; strengths, weaknesses and possible areas of concern are identified; and the design of an individual programme suited to personal needs and goals is initiated.

The assessment involves a thorough step-by-step examination to determine any pathological or postural problems, the analysis of physical history, fitness and wellness goals, and a comprehensive study of the body on existing alignment and efficiency of movement - most notably through the shoulders, spine, pelvis and hips.

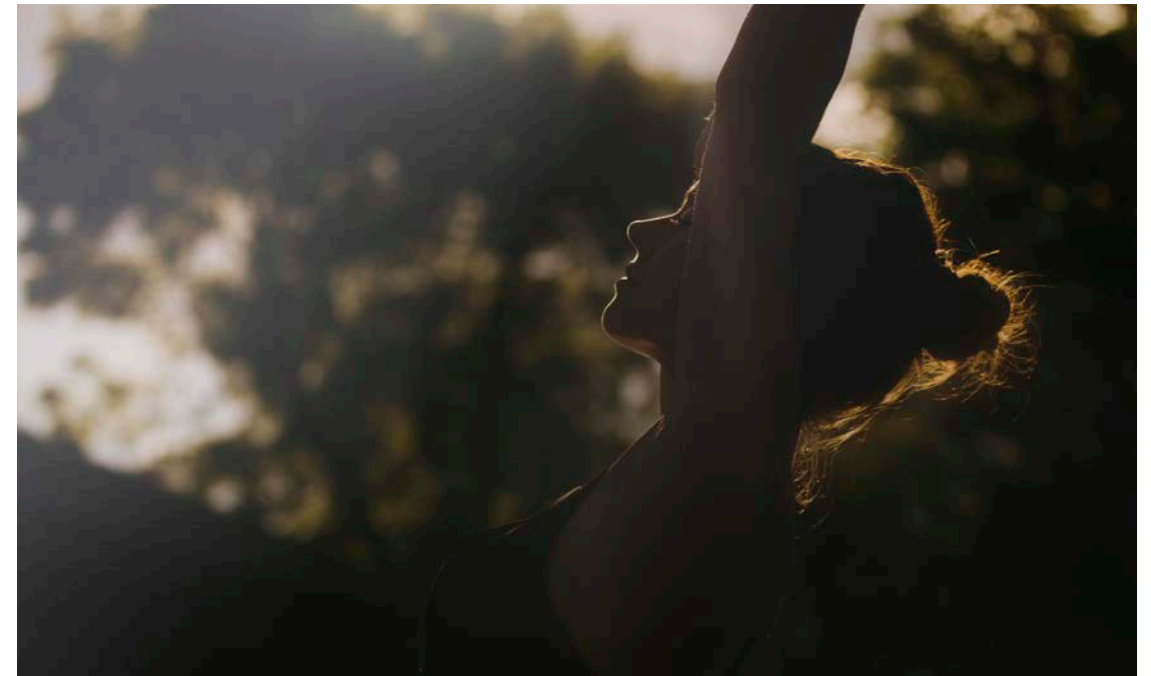
Biofeedback

Biofeedback technology uses a very sensitive machine to test the overall state of health of the body and provides information about the organism at a cellular level. This includes the functionality of each organ, levels of acidity versus alkalinity in the body, the presence of bacteria, parasites, and fungi (e.g. candida) in the system, as well as energy levels - ranging from good to stages I, II and III of exhaustion. The test allows us to better understand the state of wellbeing, reasons behind disease, and detect the cause of symptoms during the early stages, enabling us to strategically recommend the best treatment program.

Biofeedback treatment program is chosen based on the Biofeedback test results, whereby a specific programme is selected for each individual. Biofeedback testing provides information based on various metrics of the body, thus during the treatment, a specific vibratory bioresonance frequency is set to target an imbalance. The treatment is safe, painless and works well in conjunction with other treatments.

Meridian Therapy Acupuncture

In a meridian therapy session, a brief discussion of the patient's health will be conducted. Diseased meridians are quickly diagnosed through pulse-taking, abdominal and meridian palpation, and specific range-of-motion tests. Points are accurately selected at which to treat both the source and the symptoms of illness. Once the diagnosis is established, our Wellness Manager will apply one or more acupuncture techniques necessary to unblock and balance the meridian system of the body. Treatments are effective for a wide range of conditions, such as pain, digestive issues, insomnia, allergies and a myriad of other ailments.



Body Treatments

Amanyara Signature Massage

As every person is unique and every treatment is different, this massage allows the therapist to curate a personalised experience appropriate for the guest's specific needs at that time. Using our Aman Spa aromatherapy-based massage oils, the therapist draws from a variety of massage techniques, from gentle aromatherapy through to Swedish, deep tissue and sports massage.

Water Shiatsu

Incorporating the principles of Zen shiatsu, this unique therapy allows you to surrender in the supporting arms of your therapist while floating in our volcanic stone pool's warm waters. Eyes closed, with ears just below the water's surface, your awareness tunes in to the sound of your breath, your beating heart and the subtleties of your own system. Through the series of rotational movements the emphasis will be placed on stretching the spinal column, chakras and meridians. Releasing blocked energy and emotional residue, this treatment leaves you in a deeply relaxed and expanded state.

Thai Massage

Improve movement and flexibility through yoga-style stretches and acupressure techniques to release muscular tension. This bodywork therapy is performed over loose comfortable clothing to allow movement. Thai massage is uniquely relaxing yet energising, and is a highly effective therapeutic treatment.

Balanced Stone Therapy

A beautiful blend of hot and cold stone therapies to promote relaxation and revitalise the whole body. The heat of Himalayan salt stones mineralises and allows your therapist to access and heal deeper muscle layers, while the cool jade stones are used to activate the lymphatic system, refresh and reduce swelling.

Foot Reflexology

A natural Chinese healing art based on the principle that there are reflexes in the feet which correspond to every part, gland and organ of the body. Through application of pressure on the reflex points, this healing therapy relieves tension, improves circulation and helps to promote the natural function of the related areas of the body.

Four-Hand Massage

This harmonising massage involves the synchronicity of two therapists working together to induce a deep state of relaxation. As the mind surrenders control, one lets go of tension and regains harmony.

Mother-to-Be Massage

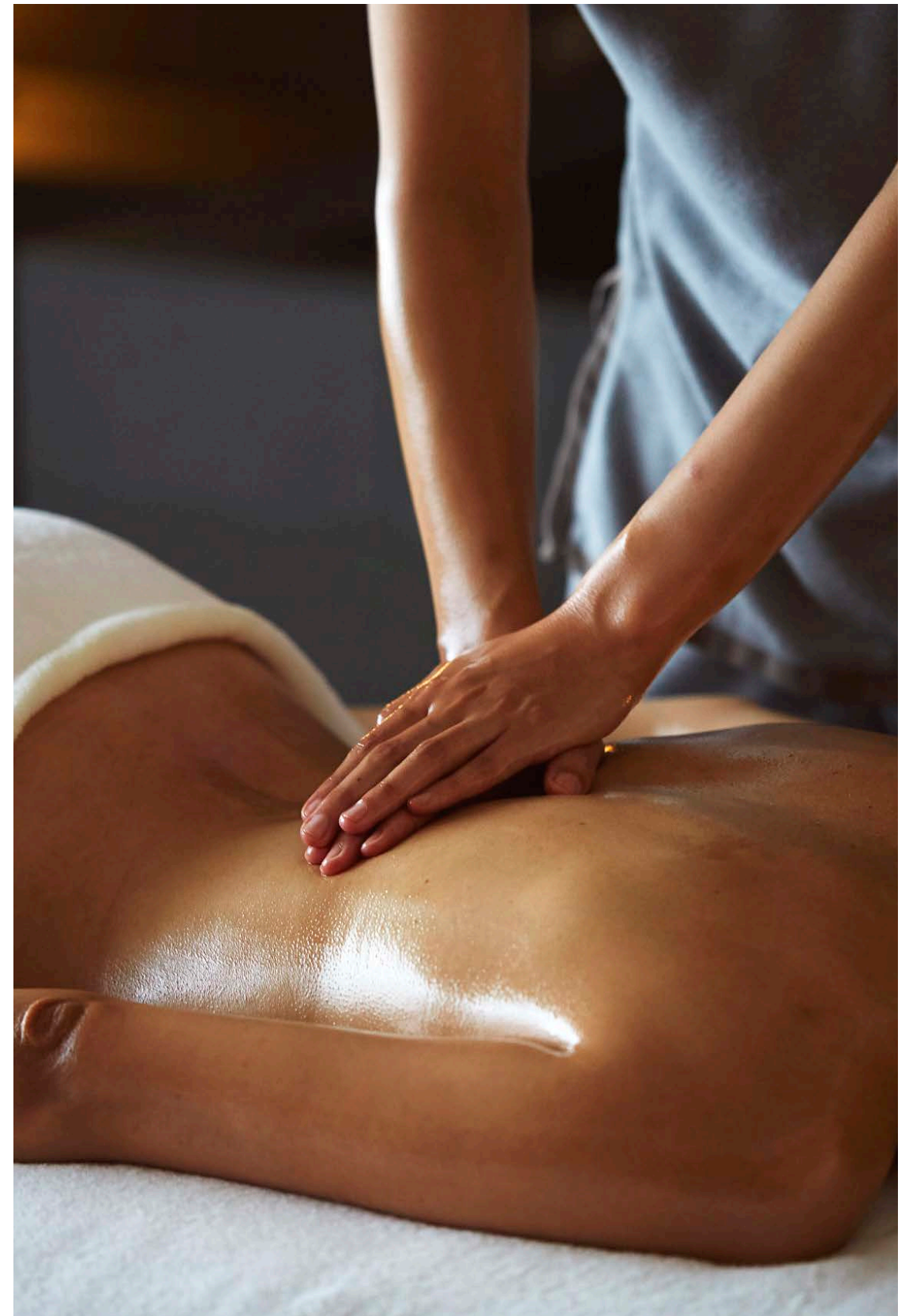
Starting with a foot ritual to release the tension in the feet, this massage focuses on the legs, lower back, shoulders and neck. Suitable for three- to six-month pregnancy.

Exotic Coco Sun Salutation (pre- and post-sun ritual)

Prepare your skin for a sun-kissed glow or cool and nourish a sun-bronzed body.

A mixture of sea salts and coconut oil is used for exfoliation in preparation for a warm oil body massage to optimise the absorption of the sea minerals and hydrate the skin. This pre-sun treatment is completed with the application of a coral-safe sun protector. Recommended at the beginning of your stay after a morning yoga session.

Our post-sun ritual commences with a nourishing aloe vera wrap to cool and heal the skin, followed by a scalp and hair treatment, and rose crystal facial massage. This ritual concludes with a body butter to further hydrate. Recommended at the end of the day before or after meditation.







Spa Enhancements

Spa enhancements are mini-spa treatments that are designed to enhance your spa experience with scent, texture and temperature.

30 minutes

***spa enhancements and bath menu must be scheduled in combination with treatment*

Essential Body Cleansing

Our Himalayan crystal salt scrub mixed with essential oils stimulate the body's circulatory and lymphatic systems. While releasing toxins and absorbing minerals into the body, acidity is reduced, balancing the body's pH and soothing the nervous system.

Envelop Me

Wrap yourself in mother Earth's healing vibration with our powerful Argiletz clay. Nurture and replenish the skin as you promote regeneration and improve tone and texture.

Hair Mask

A hydrating hair mask for highly processed and brittle hair, designed to nourish treated hair, leaving it soft and silky and giving it body. Fiaschetto tomatoes are full of antioxidants and vitamin C, which restore and invigorate hair.

Sole Revival

Relax as we wrap your feet in hot towels and gently stretch and compress them. You will then receive a stimulating exfoliation, followed by a hydrating cream applied with a full deep foot massage.

Back Massage

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, this is a targeted massage with aromatherapy blends that relaxes tense muscles, re-energises your body and calms your mind.

Express Facial

An ideal pick-me-up treatment to cleanse and nourish your skin. Perfect after a long flight or late night, or whenever your skin could benefit from a boost.



Bath Menu

Sink into the restorative bliss of an aromatherapy bath and discover the synergistic benefits of warm water, ancient detoxifying salts, restorative herbs and powerful essential oils.

20 minutes

Grounding Bath

Himalayan Salts which produces negative ions & Grounding Amethyst Bath & Shower Oil are included in this drawn bath to rejuvenate, relax and ground the mind, body and soul. This bath is complimented with Green Tea and music of choice.

Purifying Bath

This cleansing, detoxifying and energy boosting bath has Auric Cleanse Bath Salts & Quartz Scrub & Soak. This is a great way to end an activity filled day. This bath is complimented with Mint Tea and music of choice.

Nourishing Bath

Our Nourishing drawn bath includes Aman's own Coconut Milk Bath and Jade Scrub & Soak for a full body and soul nourishment. This special is complimented with Chamomile Tea and music of choice.



Amanyara Movement

PILATES SPECIALIST:
ERIKA BLOOM METHOD

Erika Bloom hand-picks and personally trains and supervises each specialist. The already well-informed staff are kept current through monthly education workshops, allowing them to draw on a deep knowledge of Pilates, anatomy and a variety of mind-body movement practices. Specialists are kept abreast of the latest physiological research, eschewing fast-changing fitness fads and trends, giving each and every one the knowledge to effect body-changing results.

Pilates Apparatus or Mat Pilates
Amanyara brings a holistic approach to fitness with Erika Bloom Method Pilates: a fusion of exercise science, holistic medicine and biomechanical knowledge. Sessions are individually tailored to achieve your desired goals, which might include toned muscles, increased flexibility, improved posture and prevention of injuries. Whether you are in need of a rehabilitative focused session or a challenging fitness workout, your instructor will provide a customised Pilates session based on kinesthetic awareness, breath and alignment through an evaluation of your posture and movement patterns. The result is a finely tuned, individualised workout that emphasises lengthening, strengthening and balanced alignment. Pilates is adaptable to all bodies, whether pregnant or post-partum, athletic or not, young or old, injured or healthy.

Yoga
Yoga is a physical, mental and spiritual discipline originating in ancient India. Through the practice of asana, pranayama and meditation, the flow of vital energy, body flexibility and mind control are increased, changing patterns of awareness and bringing the entire being into a healthier and more balanced state. It helps to revive dormant energy, rejuvenate the tissues and encourage new cell formation, strengthening the various physiological processes that make the body healthy and active.

PERSONAL FITNESS

Functional Training

Train your muscles to work together with maximum efficiency and prepare them for daily tasks by simulating common movements you might do at home, at work or playing sport. Functional movement exercises emphasise core stability, calisthenics and plyometrics.

Boxing

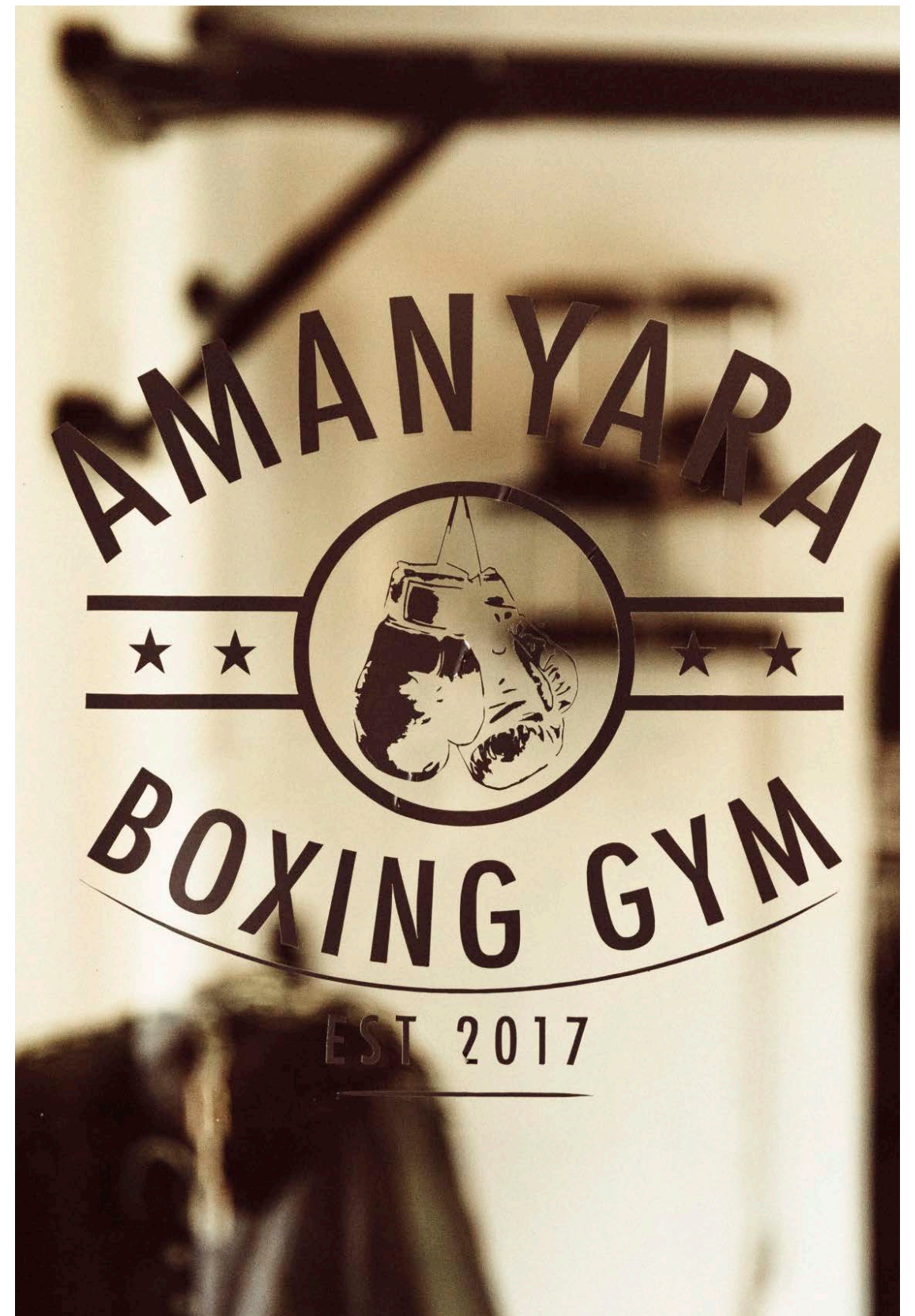
Learn boxing techniques and basic self-defence moves from our experienced boxing coach while rapidly gaining fitness and strength.

TRX Suspension Training

This workout leverages gravity and your body weight in a wide range of exercises. TRX delivers a fast, effective whole-body workout, helps to build a rock-solid core and increases muscular endurance. Suitable for all fitness levels.

Circuit Training

A series of strength or cardiovascular exercises (or both), repeated two or three times with little or no rest in between sets - excellent for weight loss, toning and endurance.





Clubhouse

Four clay Har-Tru tennis courts are available for day and night play. The clubhouse has an indoor and outdoor lounge and a tennis boutique. It offers shuffleboard, billiards, a world-class soccer pitch, and a juice and smoothie bar.

Tennis balls, rackets and shoes are complimentary. The pro shop at the clubhouse offers choices of tennis rackets, shoes, clothing, accessories and even racket stringing at an additional fee.

To reserve a court, schedule a lesson or a hitting session, participate in our clinics or arrange a match, please contact our tennis team by dialing 3166. Cancellation policy for lessons: 100% within 24 hours.

Spa Etiquette

The Spa

Operating hours are from 9am to 8pm daily (early and late hours available on request and at an additional fee).

Appointments

Guests are encouraged to book treatments in advance to ensure that their preferred time and services are available. Please dial extension 5 to make a reservation. The minimum age for treatments is 16. Guests under the age of 16 require parental consent prior to their booking being accepted.

Special Considerations

Many treatments can be adapted to accommodate pregnancy or injury. Please contact the spa with any queries and inform staff of any medical or health concerns.

Treatment Preparation

We recommend that you arrive 15-20 minutes prior to your scheduled treatment time, allowing time to complete your spa registration form and enable emersion into the spa's relaxing environment with a soothing fresh herbal tea or cooling beverage.

Spa Environment

Smoking and the use of mobile phones are prohibited in and around Amanyara Spa.

Valuables

Please leave your valuables in the safe provided in your Pavilion.

In-Room Treatments

We offer most of our treatments in the privacy of your accommodation. Please note a surcharge of \$50 applies to each session.

Cancellation Policy

Although staff will do their utmost to accommodate any booking changes, guests are kindly requested to give at least six hours' notice of cancellation so that someone else may enjoy that time. Cancellations made within six hours will be subject to the full charge for the treatment booked. Any cancellations need to be made during the spa operation hours of 9am-8pm.

Refunds

Unopened retail products are exchangeable within seven days of purchase on presentation of original receipt.

Pricing

All spa and wellness services are subject to 27% government taxes and service fees. Prices are subject to change without prior notice.

Contact

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