

A serene sunset scene over a body of water. In the foreground, a wooden deck extends from the right side towards the center, lined with several dark lounge chairs. A series of small, glowing lanterns are placed along the edge of the deck, casting a warm light. The water is calm, reflecting the soft colors of the sky. In the background, a dark, forested shoreline is visible, and further back, a body of water stretches towards distant hills under a vast, orange-hued sky.

ĀMAN

AMANEMU



Amanemu, set in a national park on the shores of Ago Bay, embraces the ancient Japanese tradition of onsen mineral hot springs and the culinary heritage of this gourmet region. The resort's name is drawn from aman, the Sanskrit-derived word for “peace,” and nemu, which means to “share joy” in Japanese.

## Location

- Surrounded by the forests of Ise Shima National Park
- Situated on Japan's Osaki Peninsula in Honshu's Mie Prefecture
- Overlooking Ago Bay – known as the Bay of Pearls
- One hour by car to Ise Jingu Grand Shrine, Japan's most sacred Shinto site
- Three hours by car to the UNESCO-protected Kumano Kodo ancient pilgrimage routes

## Getting There

- 25 minutes by helicopter from Chubu Centrair International Airport in Nagoya
- Two hours by train from Nagoya





## Accommodation

Amanemu's 24 suites and four two-bedroom villas are positioned on a hillside offering garden views or panoramic vistas of Ago Bay, its picturesque islets and drifting pearl rafts.

8	Mori Suites	99m <sup>2</sup>	1,065ft <sup>2</sup>
10	Sora Suites	99m <sup>2</sup>	1,065ft <sup>2</sup>
6	Nagi Suites	99m <sup>2</sup>	1,065ft <sup>2</sup>
1	Mori Villa	366m <sup>2</sup>	3,939ft <sup>2</sup>
2	Sora Villas	366m <sup>2</sup>	3,939ft <sup>2</sup>
1	Nagi Villa	366m <sup>2</sup>	3,939ft <sup>2</sup>
4	Tsuki Villas	381 m <sup>2</sup>	4,101ft <sup>2</sup>

### Mori Suite

- Natural views
- Private onsen
- Expansive 27m<sup>2</sup> (290ft<sup>2</sup>) veranda with daybeds

### Sora Suite

- Partial sea views toward Ago Bay
- Same interior and amenities as Mori Suite

### Nagi Suite

- Uninterrupted views of Ago Bay
- Same interior and amenities as Mori Suite

### Mori Villa

- Private garden
- Two en-suite bedrooms and private verandas
- Expansive living area and dining area for six, with pantry and extensive veranda with daybeds
- 28m<sup>2</sup> (301ft<sup>2</sup>) private onsen area

### Sora Villa

- Private garden
- Partial sea views toward Ago Bay
- Same interior and amenities as Mori Villa

### Nagi Villa

- Exceptional views of Ago Bay
- Same interior and amenities as Mori Villa

### Tsuki Villa

- Spacious private garden
- Tranquil garden view
- Same living & dining area as Mori Villa
- Two en-suite bedrooms with private onsen
- Onsen HANARE - 45m<sup>2</sup> (484ft<sup>2</sup>) Private outdoor / indoor onsen area



## Dining

### The Restaurant

The Ise Shima region is renowned as the breadbasket of the ancient Imperial court, and The Restaurant fully embraces this heritage. The head chef not only sources the finest produce from the areas surrounding Amanemu, but also from across Japan.

- Japanese cuisine
- Seats 50
- Open for breakfast, lunch and dinner
- Views of Ago Bay

### The Bar & Lounge

- Serves drinks and light refreshments
- Seats 30
- Views of Ago Bay
- Outdoor sunken terrace

## Other Facilities

### Swimming Pool

- 33m (108ft) outdoor lap pool
- Daybeds fringe the water's edge
- Serene views over Ago Bay

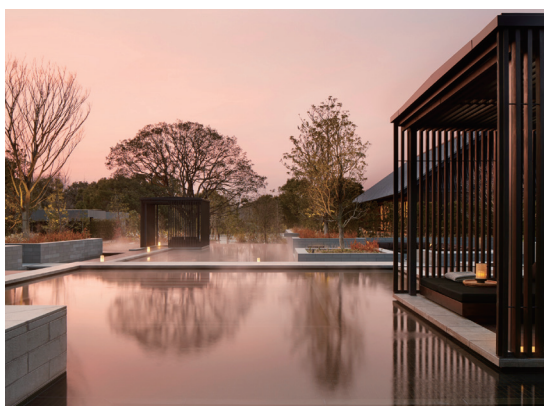
### Library

A selection of books about Ise Shima in both Japanese and English are available for the enjoyment of guests. The Library also offers views of Amanemu's resplendent garden.

### Boutique

Local handicrafts and Amanemu original items – including pearl jewellery, accessories, aroma oils – are available to buy, as are Aman Spa products. The Boutique is located at Aman Spa. Aman Essentials products can be purchased at the Boutique.





## Relaxation & Fitness

Amanemu is Aman's first hot spring destination. Each suite and villa features its own mineral-rich private onsen, and the resort also offers two larger bathing pavilions. A range of spa and fitness facilities complement Aman's holistic approach to wellness – including the outdoor thermal spring, in which guests can relax in swimwear.

### Aman Spa

- Private relaxation areas, including a thermal spring and spring garden with daybeds
- Covering 2,000m<sup>2</sup> (21,528ft<sup>2</sup>)
- Two private onsen bathing pavilions
- Four spa treatment suites
- Hydrotherapy facility with dry sauna, steam room and male/female changing rooms
- Aqua Movement Suite for water treatments
- Treatments incorporate local and seasonal ingredients, including pearl powder, seaweed, and herbs and plants used in traditional kampo therapies

- Chemical-free Aman skincare products
- Finishing salon offering manicures and pedicures
- Extensive menu includes a range of treatments, movement programmes and beauty therapies

### Fitness Centre

- State-of-the-art strength-training and cardiovascular equipment
- Power Plate exercise platform

### Yoga Studio

- Expansive glass-walled space
- Outdoor yoga deck
- Professional yoga and TRX equipment

### Wellness Immersion Programme

This holistic, bespoke programme refreshes the body and mind through a combination of healthy food, onsen hot spring bathing, and a range of world-class treatments and therapies.



## Activities & Excursions

These adventures – including bespoke Amanemu Journeys – get the very best out of the local area.

### Cycling or Hiking Ise Shima National Park

The forests surrounding Amanemu offer wonderful hiking and cycling trails. High-end Bianchi bikes and guides are supplied.

### Ise Jingu Grand Shrine

Ise Jingu is the spiritual home of the Japanese people – a 2,000-year-old Shinto shrine of austere beauty with a divinity that must be experienced to fully comprehend. Ise Jingu is home to the sun goddess Amaterasu-omikami – Japan's most revered deity – and millions of other gods.

### Ama Diver Adventure

On this unique Journey, guests are taken diving by one of the few remaining female ama divers. Back ashore, she cooks a fantastic seafood barbecue in an amagoya hut.

### Ise Jingu and the Food of the Gods

This Journey takes guests to some of the finest food producers in the region to sample the items offered to the gods daily at Ise Jingu Grand Shrine.

### Shima Short Tour

Guests are taken to some of the region's best sights, including charming Showa-era Hamajima and Amano-Iwato cave. Other activities include zazen meditation and sado (tea ceremony) with a monk.

### Marine Adventures

A variety of activities can be enjoyed in the area surrounding Amanemu, including cruises through stunning Ago Bay, kayaking, stand-up paddle boarding, and fishing.

### Golf

The 18-hole NEMU Golf Club course, overlooking Ago Bay, is situated near Amanemu. There are two more prestigious golf courses nearby.

Amanemu

Tel: (81) 59 952 5000 Email: [amanemu@aman.com](mailto:amanemu@aman.com)

[amanemu.com](http://amanemu.com)

Aman Central Reservations

Tel: Singapore (65) 6715 8855 USA (1) 754 216 7830 Email: [reservations@aman.com](mailto:reservations@aman.com)